

Singing In The Kitchen April 2022

Grandma's Fruit Cake

Ingredients

1 packet mixed fruit
1 cup chopped dates
180grms butter
1 cup sugar
2 cups of water
1 teaspoon nutmeg
1 teaspoon cinnamon
¼ teaspoon bi-carb
3 eggs
2 cups SR flour

Method

Add fruit, dates, sugar, butter, water, nutmeg and cinnamon to a large pot.
Bring to the boil
Add bicarbonate of soda
Simmer for 10 mins
Allow to cool

Add flour (sifted) and eggs, stir well.

Cook in a 160 degree oven for 1 ¼ hours. Test centre with a skewer to see the cake is cooked all the way through. It may need an extra 15 mins or so.

Note from Tania

This recipe comes courtesy of longtime TK Club Member, Curtis Schulz.
His Grandma, Marcia, handed this recipe down to him and continues to be a winner all round.
I am so grateful to have the opportunity to be sharing this with you.

Enjoy,
Love,
TK xx